

EFACOR™ Q&A

What is EFACOR™?

EFACOR™ is a concentrated, pharmaceutical grade, natural Omega-3 dietary supplement providing high-dose EPA and DHA. EFACOR is guaranteed ultra-pure, free of environmental contaminants and to have exceptional taste.*

- Prescription potency
- Exceptional taste
- Independently tested
- Pharmaceutical purity
- Significant value

Due to its strong formulation, EFACOR meets the American Heart Association's (AHA) DAILY recommendation for Omega-3s for cardiovascular health and meets government requirements for a U.S. APPROVED FDA health claim in relation to Omega 3s and their ability to impact cardiovascular health.*

Omega-3s support healthy body function:

- Cardiovascular Health*
- Healthy eyes*
- Joint health*
- Neurologic/Nervous system health*
- Promotes a healthy weight*

How much should I take?

- Daily Dose for Adults: 2 softgels, 10 minutes before a meal. It is recommended to not exceed 8 softgels daily.

How long does a bottle last?

- There are 60 softgels in a bottle (one month's supply).

Is it Vegetarian/Vegan?

- The product does contain fish-derived oils, so EFACOR is vegetarian, but not vegan.

What is the Flavor?

- Lemon/Lime

Does it taste fishy or will I burp up fish taste?

- NO! Due to EFACOR's superior formulation and purity, it will not cause a "fishy" odor or repeat – this is one of the very special features of EFACOR. The Eniva R&D Team worked very hard on this aspect of the product.

Are there medication interactions?

- The safety of Omega-3 supplements like EFACOR is very well established in scientific literature, and there is a very low likelihood of medication interaction. However, we do recommend before starting, especially if you are on medication, that you first check with your personal physician. This is always a good "rule of thumb" to follow.

How much does it cost?

- Member Applicant: £25.40
- Wholesale Manager Price: £20.15

ARE ALL OMEGA-3S AND OMEGA-3 PRODUCTS CREATED EQUAL?

NO. Although many products tout the benefits of Omega-3s, most are relatively low in the two most important ones: EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). EPA and DHA are recognised by the health community as critical in providing the majority of health benefits associated with Omega-3s. In fact, the American Heart Association's daily recommendation (1,000 mg) of Omega-3s is focused on DHA and EPA use, although many manufacturers will use less effective Omega-3s in their formulations. In addition, some product manufacturers will also count the weight of the softgel material itself in their literature to mislead consumers into thinking there are more omegas in their product than there actually are present. Be assured there are over 1,000 mg of EPA+DHA in EFACOR per serving (2 softgels). In addition, there are 100 mg more of additional blended Omega-3s.

How do I compare EFACOR™ to other Omega products?

The best way is to calculate the number of softgels needed to achieve 1,000 mg of EPA+DHA. For example, in 2 softgels of EFACOR, there are 680 mg of EPA and 340 mg of DHA, which together totals 1,020 mg of EPA+DHA per serving – thus crossing the 1,000 mg daily threshold.

Can I take it with VIBE®?

Yes, you can take it at the same time as you take your VIBE®. In fact, EFACOR and VIBE are synergistic. The antioxidants in VIBE help to protect the healthy Omega-3s in EFACOR from oxidation via physiologic stress.



*Replenishing the Essence
of Vibrant Health™*

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

Typical Values Per Dose	
Energy	83.7 kJ
Fat	1.8 g
of which Saturates	0.1 g
Monounsaturates	0.2 g
Polyunsaturates	1.5 g
Omega-3 Fatty Acids Provided	1,120 mg
of which	
Eicosapentaenoic Acid (EPA)	680 mg
Docosahexaenoic Acid (DHA)	340 mg
Other Omega-3s	100 mg

FOR MORE INFORMATION...

For more information on EFACOR, please see www.eniva.com... complete with downloadable files, presentations and even a message from Dr. Ben.

www.enivaquality.com

www.eniva.com

* Scientific Research Data on File, Eniva Corp., 2007.