

Opalescence Tooth Whitening System

Instructions:

1. Load gel into your bleaching tray made by your dentist. Use ½ to one full syringe.
2. Brush teeth, then insert tray. Adapt tray sides to teeth.
3. Remove excess gel with clean finger or Toothbrush.
4. Follow your dentist's instructions. If significant sensitivity occurs, stop treatment and consult your dentist.
5. Clean tray with soft brush and cool tap water. Store tray in case provided.

Precautions:

1. Do not use household bleach to whiten your teeth.
2. It's recommended that pregnant or lactating women not bleach.
3. Keep gel out of heat/sunlight. Do not freeze.
4. Tooth fillings and crowns do not respond to tooth bleaching.
5. Foods and juices high in acid may cause sensitivity.
6. If you have questions about this treatment, please ask your dentist.
7. Do not use tobacco products or eat while bleaching.