

Energy & Performance Pack Frequently Asked Questions

Who should use the Energy & Performance Pack?

Athletes and non-athletes alike can benefit from this pack. This includes people who experience a lack of energy on a daily basis and those who need to boost their energy level for peak physical performance.

Why are these particular supplements included in this pack?

Sumacazon feeds the endocrine system to help produce normal hormone levels. It also provides energy, strength and endurance.

One common experience when using **Aquazon** is an increase in mental clarity and mental energy. It also stimulates concentration and elevates the mood.

Amazon Power Shake increases energy levels and endurance, helps build muscle tone and strength and supports the hormonal system.

Recovazon is great when used in combination with alkaline pH water or used with a supplement that has a lot of alkaline properties. Adjusting the alkaline level in the body can help with pain. Aquazon has trace minerals that help alkalize the body.

Does this pack help with protein production?

All of the supplements with the exception of Recovazon provide amino acids that promote normal and healthy endocrine functions. Amino acids are the building blocks for protein production.

In what order should the products be taken?

Power Shake, Sumacazon, Aquazon and Warrior (the Booster Product to the Energy & Performance Pack) should all be taken before physical activity.

Recovazon is used afterward to help your body recover from this activity.